



TAYLOR SWIFT

SECOND SEMESTER STARTS

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The Stanley Scandal

LEEANIS URBINA

One thing many students in SLA and other schools have in common is the words written across their water bottles: Stanley. These insulated cups will not only keep your drinks as hot or cold as desired, but they also come in all kinds of colors to match any event and many different designs. Not only is there the famous Stanley Quencher, but also the Stanley IceFlow, the Stanley Vacuum-Insulated Bottle, and many more! But while there is a craze for these water bottles on social media platforms like TikTok or Instagram, should that be the explanation for why this lady did what she did? While reading this CNN article, the questions running through my head were *'What was the point? How did she even get out the door?'* And many more questions like these. At this point, you probably are wondering, "What did she even do?" In a California city, police arrived at the scene, most likely expecting some petty theft, yet when they got to the scene, they had to have been surprised. 23-year-old Sacramento woman, Delany Garcia-Lopez had (allegedly) stolen about 60 Stanley cups and driven off. While driving on the highway, a police officer had seen her, pulled her over, and arrested her for grand theft. After searching the car, the police

officer found a total of 65 Stanley cups stuffed in Delany's trunk. She had almost made off with over \$2,500 worth of Stanley cups. Staff at the retail store said that they had seen a woman "take a shopping cart full of Stanley water bottles without paying for them," and that she had, "refused to stop for staff."

A Roseville police officer posted on Facebook his response to the situation. "While Stanley Quenchers are all the rage, we strongly advise against turning to crime to fulfill your hydration habits." Thinking of the statement this police officer released, made me question our priorities. Mark 8:36-37 says "For what does it profit a man to gain the whole world and forfeit his soul? For what can a man give in return for his soul." another verse says, "Do not lay up for yourselves treasures on Earth, where moth and rust destroy and where thieves break in and steal." Matthew 6:19. Don't get me wrong, Stanley cups are adorable, and if I could, I would go out and buy the Stanley's Valentine's Day cup with no regrets, but do some people find the cup so alluring that they would drive to the nearest store and steal all the cups in stock? In the end, how far would you go for a Stanley cup?

Taylor Swift's Many Boyfriends

MAYA THOMAS

Ok, OK, don't give me a hard time. I know this is a covered topic. Anyone who follows celebrity news knows that Taylor changes boyfriends almost as often as the Kardashians touch up on their Botox treatments. However, December 13 was Taylor's birthday, and I thought I'd write a little article about her for her birthday. I know it's already passed, but it's never too late to roast a celebrity.

In the summer of 2008, Taylor began a short-lived romance with Joe Jonas, a member of the famous Jonas trio, and the frontman of DNCE. You know, the band with that once song about eating cake by the ocean. It didn't get very famous, I doubt you've heard it before. Their relationship resulted in Taylor's first public breakup, and she wasn't shy about dissing him on the Ellen Show for breaking up with her over the phone in a "25-second call". Ouch.



The following year, Taylor began dating Lucas Till, who played her love interest in the "You Belong With Me" music video. This only lasted a few months, with Till saying there was "no friction" between them. He said he "really liked her as a friend" and that led to their fling falling apart. I guess he didn't belong with her after all. That same year, Swift started dating Taylor Lautner, who is best known for showing his abs in the Twilight movies. I'd like to tell you about some other things he's

done in his career, but there's next to nothing worth mentioning. Unless you watched Sharkboy and Lavagirl, of course. Anyway, the Taylors met while playing high school sweethearts in the movie "Valentine's Day." In her song "Back to December" Swift sang about Lautner's "tanned skin and sweet smile." Sounds pretty cute, until you realize the song is about the night she dumped him.

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Drawing Inspiration

UNKNOWN



From late 2009 to 2010, Taylor dated musician John Mayer. Ever heard of him? That's ok, neither has anybody else. There was also a twelve-year age difference between them. Yikes. I'll keep the groomer jokes to myself, don't worry. When the pair split, Taylor wrote some pretty harsh things in her song "Dear John." Some lines include, "Don't you think I was too young to be messed with? The girl in the dress cried all the way home. I should've known." she sang. Mayer often received criticism from the media for his relationship with Taylor. After all, a nineteen-year-old dating a thirty-two-year-old is not a pleasant sight. Maybe that's why no one talks about him.

From 2010 to 2011, Taylor had an on-and-off relationship with Jake Gyllenhall. She was 20, and he was 29 (Here we go again). The rumors state that the age gap was, "Not working" for Jake, which led to him ending the relationship. Taylor's 10-minute draft of her song "All to

Well," documents an unhealthy relationship between a young woman and an older man. Coincidence? Yeah, sure, of course. In 2012, Swift had a summer fling with Connor Kennedy (Yes, his Grandfather was JFK). According to Us Weekly, they were first photographed together in Hyannisport, where Connor reportedly put his arm around Taylor, and they kissed behind a boat shed. Connor was eighteen at the time, while Taylor was around twenty-three. News articles weren't thrilled about the age gap, saying that Taylor had "kidnapped" Kennedy. His prison sentence didn't last very long, as he and Taylor were together from July to October. According to E!, the split was a friendly one.

It goes without saying that Taylor has had a lot of boyfriends. Whether you approve of that or not, you have to admit, it makes for entertaining reading. Make sure you read the next article, where I'll be talking about the rest of Taylor's famous exes.

Test Anxiety

ANYA NEIDIGH

It is totally normal to feel anxious whenever we go to start a test. You may be worried about forgetting what you learned or that you don't seem to know any of the material. Some signs you are anxious are sweating, short breaths, nausea, headaches, and other symptoms. Having test anxiety reduces your chance of performing well so learning how to cope with it is very important. Here are some tips to do just that:

1. Take several deep breaths to help regulate your breathing again and relax your muscles.
2. Focus on only one question at a time.
3. Establish a pretest routine. Similar to routines you develop in sports like bouncing the ball before you serve or hitting the bat on the ground before you hit the ball, having a routine can help calm and ground you.
4. Sometimes a little anxiety helps certain students perform better, so don't be anxious and being anxious.

Sources: Healthline and Mayo Clinic

Texas Update

ANYA NEIDIGH

At 12:30 Wednesday the varsity girls and boys basketball teams landed in Texas to play in the Southwestern Adventist Hoops Competition. Almost right after getting off the plane, the girl's team played their first game, which they lost 21-19. However, they didn't let this keep them down and have gone on to win 3 other games. The boys have won all 4 of their games.

